

CENTERS FOR INDEPENDENT LIVING IN VIRGINIA

What is a Center for Independent Living? Some may answer that question by saying, "It is a place where people live." Centers for Independent Living (CILs) are not places where people live. Instead, they are centers of action and coalition. CILs work to empower people to take charge of their own lives and lifestyles. CILs are designed and operated by people with disabilities. A Center for Independent Living provides services and advocacy which promote the leadership, empowerment, independence, and productivity of people with disabilities. CILs work with individuals as well as with the community to remove barriers to independence.

How are Centers for Independent Living funded? CILs are non-profit organizations which are funded by state, federal, local and private dollars. Part C of Title VII of the Federal Rehabilitation Act provides general operations money for CILs in Virginia in the amount of over \$1.3 million dollars. Additional funds under Title VII, Part B of the Act are granted to CILs under the State Plan for Independent Living (SPIL). The SPIL, which is jointly developed and signed by the Statewide Independent Living Council, DRS, and DVH, provides Part B funds to CILs for direct consumer services and systems change activities in the amount of over \$450,000. General fund dollars for CIL operations and Youth Transition Services currently exceed \$4.2 million dollars. A portion of the State General Fund dollars were used to expand Centers for Independent Living during recent Fiscal Years. Six new consumer based Centers were established during this time period. CILs also solicit local and private funding to meet service needs which have been identified at the local level.

Who do CILs serve? Centers provide services to individuals with significant disabilities as well as to the local community at large. Core services to individuals, which all CILs provide, include Information & Referral, Peer Counseling, Independent Living Skills Training, and Individual and Systems Change Advocacy. Services to the community include disability awareness, technical assistance regarding accessibility and legal issues, and general disability related information. Among services offered during fiscal year 2000, Centers for Independent Living provided individual services to over 5500 consumers, over 230,000 hours of individual core services, and over 80,000 hours of community services (technical assistance, information and referral, etc.) to businesses, government entities, and organizations in their respective communities.

Where are CILs in Virginia? The sixteen Centers for Independent Living are located in Norfolk, Hampton, the Eastern Shore, Richmond, Fredericksburg, Arlington, Manassas, Charlottesville, Winchester, Danville, Roanoke, Lynchburg, Abingdon, Grundy, Harrisonburg and Big Stone Gap. In addition Satellite CILs are currently located in Petersburg and Christiansburg. Several Centers operate outreach offices within their catchment areas to more effectively meet local needs and to provide visibility to communities. Information on how to contact your local CIL is on the next page.

How are CILs created? Most Centers for Independent Living are created through the efforts of local people with disabilities, their family members, friends, and other interested persons. As these people become organized, they begin to assess the local needs, level of local interest and support for the establishment of a Center for Independent Living. The CIL is created through networking, personal involvement, coalition building, and a commitment to the empowerment of people with disabilities.

Access Independence, Inc.

(Planning District 7) - City of: Winchester, Counties of: Frederick, Clarke, Warren, Page, Shenandoah

Phone: 540/662-4452 V/TTY; 540/662-4474 FAX

Independence Center of Northern Virginia

(Planning District 8) - Cities of: Arlington, Alexandria, Fairfax, Falls Church, Counties of: Fairfax, Loudoun, Prince William

Phone: 703/525-3268 V/TTY; 703/525-3585 FAX

Appalachian Independence Center

(Planning District 3) - Cities of: Abingdon, Galax, & Bristol, Counties of: Washington, Grayson, Smyth, Wythe, Bland, Carroll

Phone: 540/628-2979 V; 540/628-4931 FAX/TTY

Independence Empowerment Center

Planning District 9) - Cities of: Manassas, Manassas Park, Warrenton, Counties of: Prince William, Fauquier

Phone: 703/257-5400 V; 703/257-5043 FAX

Blue Ridge Independent Living Center

(Planning District 5)

Cities of: Roanoke, Salem, Clifton Forge, & Covington, Counties of: Roanoke, Botetourt, Craig, Alleghany

Phone: 540/342-1231 V/TTY, 540/342-9505 FAX

Independence Resource Center

(Planning District 10) - City of: Charlottesville, Counties of: Albemarle, Fluvanna, Louisa, Greene, Nelson

Phone: 804/971-9629 V/TTY, 804/971-8242 FAX

Central Virginia Independent Living Center

(Planning District 15) - City of: Richmond, Counties of: Henrico, Chesterfield, Hanover, New Kent, Powhatan, Goochland, Charles City

Phone: 804/353-6503 V/TTY; 804/358-5606 FAX

Junction Center for Independent Living

(Planning District 1) - City of: Norton, Counties of: Lee, Scott, Wise

Phone: 540/546-5093 V/TTY; 540/546-3360 FAX

Clinch Independent Living Services

(Planning District 2) - City of: Grundy, Counties of: Dickenson, Buchanan, Russell, Tazewell

Phone: 540/935-6088 V/TTY; 540/935-6342 FAX

Lynchburg Area Center for IL

(Planning District 11) - Cities of: Lynchburg, Bedford, Counties of: Amherst, Appomatox, Bedford, Campbell

Phone: 804/528-4971 V/TTY; 804/528-4976 FAX

disAbility Resource Center

(Planning District 16) - City of: Fredericksburg, Counties of: Caroline, Spotsylvania, Stafford, King George

Phone: 540/373-2559 V; 540/373-8126 FAX; 540/373-5890 TTY; 1/800-648-6324

Peninsula Center for Independent Living

(Planning District 23)

Cities of: Hampton, Newport News, Williamsburg, Poquoson, Counties of: James City, York, 757/827-0275 V/TDD + 757/827-0655 FAX

Eastern Shore Ctr. For Independent Living

(Planning District 22)

Counties of: Accomack and Northampton

757/414-0100 VOICE + 757/414-0205 FAX **Piedmont Independent Living Center**

(Planning District 12)

Cities of: Danville, Martinsville

Counties of: Franklin, Patrick, Henry, Pittsylvania

804/797-2530 V/TDD +FAX 804/797-2568

Endeppendence Center, Inc.

(Planning District 23)

Cities of: Norfolk, Virginia Beach, Chesapeake, Suffolk, Portsmouth

Counties of: Chesapeake, Norfolk, Suffolk, Isle of Wight, Southampton

757/461-8007 V/TDD + 757/455-8223 FAX **Valley Associates for Independent Living**

(Planning District 6)

Cities of: Buena Vista, Harrisonburg, Lexington, Waynesboro

Counties of: Rockingham, Highland, Augusta, Bath, Rockbridge

540/433-6513 V + 540/438-9265 TDD

540/433-6313 FAX

CIL SATELLITES

Crater District CIL Satellite (Planning District 19) <u>Cities of:</u> Colonial Heights, Emporia, Hopewell, Petersburg <u>Counties of:</u> Dinwiddie, Greenville, Prince George, Surry, Sussex 804/353-6503 V/TDD + 804/358-5606 FAX	New River Valley Satellite Office (Planning District 4) <u>Cities of:</u> Radford, Blacksburg, Christiansburg, Pulaski <u>Counties of:</u> Giles, Montgomery, Pulaski, Floyd 540/342-1231 V/TDD + 540/342-9505 FAX
Revised: 12/05/2000	